



CMMMS ONLINE COURSE

Robyn Midgley

BSc (Hons) OT, AHT (BAHT), ECHT (EFSHT)
European Certified & British Accredited
Hand and Upper Extremity Therapist



**IS IT TIME FOR YOU TO
CHANGE YOUR
MANAGEMENT OF THE
STIFF HAND?**



If you're finding it difficult to mobilize patient with the stiff hand and you want to improve your patient outcomes you will see how the online Casting Motion to Mobilize Stiffness Technique course can help get results for your patients easier and faster. Hi, I'm Robyn Midgley, founder of Hand Consult SA and pioneering developer of the online CMMS course. During our time together today, I'm going to outline how you can effectively prevent or resolve digital stiffness. But more importantly, I am going to show you how to do this in the most cost effective and time efficient manner. I am able to share this knowledge and skill with you because of the work that Judy Colditz, OTR/L, CHT, FAOTA did to develop the CMMS technique and a result of the time that I spent learning from her and implementing the technique in my practice on numerous patients since 2003.

However, before we get to the details, let's take a step back. In order to get results in this group of patients we've got to understand where you're working from. So what is it about your practice that has you wanting more? And most importantly, why haven't you made progress with patients who have chronic digital stiffness? Why have you not been able to prevent the stiffness from developing in the first place? Here's a fact... old habits stop more therapists from getting results than anything else. They can keep you stuck... and it happens on a subconscious level. In addition, we have been taught principles that just don't stack up anymore. We were taught to never immobilize the metacarpophalangeal joints or any joint for that matter. It's not easy dealing with the chronically stiff hand. But worse, are the negative thoughts and doubts that begin creeping in when trying to change our practice. And if you've ever heard yourself saying I simply can't mobilize this stiff hand, it's ok. Those thoughts are expected.



With all that being said, change is totally possible. There are many examples of therapists who despite dealing with similar circumstances, have attended Judy Colditz CMMS course and implemented the technique in their practice. What's the difference between them and others? Personal responsibility. At the end of the day, YOUR decisions and commitment determine your patients results.

Let's look at the facts. The CMMS technique produces results and is far more effective than traditional therapy in preventing and resolving digital stiffness. Since I began publishing my results with the CMMS technique, there has been a significant increase in the interest in the technique from surgeons and therapists. With social media, live streaming and the latest technology, the amount of information, tools and resources available to us makes it easier than ever before to share our knowledge and skills and improve our practice. With what we have available to us, right now is the absolute best TIME for you to change your practice. Especially if you're committed to seeing results and getting patients back to fulfilling their roles in the most time and cost efficient manner.

My goal is to help therapists heal the stiff hand across the globe. The impact that this learning opportunity will have on patients lives will be profound. I am equally as excited about connecting therapists who are on the same learning journey... all committed to achieving results for their patients. This is the opportunity that we have today as leaders in our profession and it's the reason that I am so passionate about this work. This is the reason why I created the online CMMS course.

So if you're a hand therapist, but you aren't getting results in patients with the chronically stiff hand then the online CMMS course can help.



WHAT DOES THE ONLINE CMMS COURSE INVOLVE?



So let's take a minute and talk about what's included in the course and how it will help you move toward getting results easier and faster. The course was specifically designed for hand therapists, and it's structured to help you learn key concepts to embed complex knowledge. It consists of a variety of learning mediums – animated and instructional video's, summary fact sheets of key learning information, practical video's, journal articles and educational articles. You will be expected to go through all the modules systematically, answer questions in a fun and engaging way and receive your results instantly.

Here's a closer look at the curriculum and bonuses:

The course is broken down into 13 modules and 45 lessons. To complete the course and assess embedded knowledge and practical skill, you will be required to upload a video of your assessment of a patient with a stiff hand, explaining the movement that is present and a description of which cast design and cast exercises are best suited to the patients hand. You will then upload a video of you applying the cast. Prior to removing the cast you will practice removing the cast from a casted plastic pipe before removing it from a patient. You will then upload a video of you removing the cast. Once your patient has achieved results using the CMMS technique, you will upload a video of their movement result. You will have 3 months to complete the course. A dashboard with a progress bar will assist you to see how far you are from completing the course.



HOW IS THE COURSE DELIVERED?



The course is delivered through a digital platform that can be accessed on any device – phone, tablet or PC. You will gain access to the platform using your own unique log in and password.

As soon as you register for the course you will be provided with your password and log in and will be taken inside a members area where you'll be able to immediately access the course materials, starting with module 1. Then, each module will be delivered to you once you have completed the previous module. Each time you log onto the platform, the platform will remember where you left off and allow to continue from there. Your experience on the platform will be unique to you. You can proceed through the lessons in your own time.

For the best results, we see our students dedicating 6-10 hours per week to go through the material so that they can proceed without delay to the practical component of the course.. Obviously the time to implement will vary based on your previous experience and ability to implement. But the good news is that you'll always have access to the material. You'll be able to reference the material whenever you need and however often you need.



IS THE COURSE RIGHT FOR ME?



Know this... The people who get the biggest benefit from the course are those that strive to improve their knowledge and skills through continued professional development. People who want to unlock the secret to resolving digital stiffness and improve their patient outcomes. People who want to be part of a global movement towards changing the way that the stiff hand is treated. If you see yourself as this type of therapist then this course is for you.

WHO SHOULDN'T JOIN THE COURSE?

Before we go any further, let's also take an objective look at the online CMMS course. Who won't do well with this material? It's not for anyone who just wants to "kind of" check things out. You can't "kind of" get results for your patients. Getting these types of results takes a commitment to succeed. Would you want to fly with a pilot who "kind of" knew how to fly? Or would you rather have a pilot who committed to mastering the skills necessary to fly. It sounds like a silly example, but it's a perfect analogy. The online CMMS course is for therapists who are committed to getting results and who want to expand their knowledge. If the commitment with the right attitude isn't there, then this is not the right program for you and I ask that you please do not sign up.



BONUSES



How else are you supported through this process? I will be including some extra's that have been designed to make it even easier for you to implement what is shared. Because you and I know, without implementation, the results will never occur. That's why you'll also get some carefully crafted bonuses.

The first one is **LIVE ONLINE TRAINING**. If you are struggling with [the practical aspect of the course and you're [not understanding which cast design to apply, this bonus will give you a process for finding clarity so you can implement the right clinical approach. You will get access to this program as soon as you complete your registration.

Next, you're going to get the **HAND THERAPY CONSULTING E BOOK**. In this bonus training, you will have access to clear and concise material to help you understand the theory behind treating the stiff hand.

Finally, you're also going to get access to the **CMMS PRIVATE COMMUNITY** on the training platform and join a community of therapists who will share their cases and provide support to each other when applying the technique.

If you are still struggling with the theory of practical application, you will have the opportunity to book a **ZOOM CONSULTATION** with Robyn Midgley where you can get assistance with assessing your patient and determining the best treatment approach. Zoom sessions are booked online and charged for as a reasonable consultation fee.

All three of these bonuses will be immediately available to you inside the members area. Each of these bonuses have been intentionally designed to help you get results with your patients easier and faster.



GUARANTEE



Speaking of being intentional, I've intentionally included a 100% money back guarantee. This program has been developed with the intention to be of value. It has been designed according to the latest research on adult learning. It promises to be engaging, informative and fun. If you commit to it, you will see results in your practice. That's why I've included this guarantee. Try the program. If it's not everything that I say it is and you don't feel like I delivered, ask for a refund.



PRICE



The online CMMS course gets results. And it saves you time. You have access to expert information and training without having to take time out of your practice to travel to a course or spend money on travel and accommodation. But you do have alternatives. So let's look at them. What would it cost if you were to try and learn this yourself? What would it cost you if you did nothing at all? If you continued with your current practice? The investment is \$1995. Once you invest in the course, I will walk you through, step-by-step, the process of getting results for your patients. If you follow what I'm going to show you, you will make progress - and that's why I guarantee it.

As you look to make a decision, just know this... If you are feeling overwhelmed it's ok. This is normal. The challenging part for most of us is that we try to manage all of this in addition to all the other responsibilities we have in our lives. Life is an ongoing competition for your time and attention - and a competition that you rarely win. But it doesn't have to be that way.

Ask yourself this... What is important in your life right now? What do you want to achieve in the months ahead? What goals do you have related to your career that keep getting pushed to the back burner? You have an opportunity to do something about that right now. Today.



Join me and register for the online course. Click the link you see on this page and I can't wait to help you experience the thrill of continued learning and getting your desired results.

<https://www.robymidgley.com/shop>